Links to pdf versions of the two papers on Anglo-Saxon tower-naves & towers by Michael Shapland.

https://discovery.ucl.ac.uk/id/eprint/1396780/1/Shapland%20Tower%20Nave%20Thesis%20Redact ed%20Vol%201.pdf

https://discovery.ucl.ac.uk/id/eprint/1396780/3/Shapland%20Tower%20Nave%20Thesis%20Redact ed%20Vol%202b.pdf